

## Scenarios

Go through the written scenarios below and write down how you could honor the people highlighted.

### Simple Scenarios:

What are some verbal ways you could honor people in the scenarios below?

Your grandmother is retiring in a few months.

Tell her that I am proud of her and thank her for being a role model for me to look up to.

Your sister just graduated from college.

I would list all of the obstacles she had to overcome in order to graduate and honor her for her perseverance.

Your colleague did an excellent job on their presentation.

I would high five them and congratulate them on all of their talent and hard work paying off.

Your colleague had a great sales month.

Same as above

Your son finished all of his homework before you got home from work.

I would tell him that I am proud of his self-discipline and self-motivation and encourage him to keep up the great work.

Your niece made an A on her science project.

I would ask her to show me and demonstrate her project to me and then point out what I really like about it.

What are some non-verbal ways you could honor people in the scenarios below?

Your colleague made top salesperson of the year.

Send them a congratulatory email.

Your friend just opened up a new business.

Go shop at their business when and or if I need their products

Your friend is about to have a baby.

I could throw them a baby shower (or ask my wife to help me throw a baby shower)

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### Honoring Yourself:

You made it to the gym every day this month. How can you honor yourself?

By not stopping; By thanking the Lord for helping me make it to the gym; By sharing the accomplishment with a friend.

You have overcome a sin that has plagued you for the last six months. How can you honor yourself?

Thank God; Share the accomplishment with a spiritual leader; Create an environment where I won't fall into that sin again.

You just lied about how you really feel about a situation to your spouse. How can you honor yourself?

I can honor myself by being truthful with myself and my spouse. I will have another conversation in which I expose the lie and tell everyone the truth.

You were late for the third time this month. How can you honor yourself?

I can honor myself by making a commitment to wake up 5 minutes early for work. This also honors my coworkers.

### Complex Scenarios:

How can you honor people in the Scenarios below?

You see a homeless person on the street who just asks for money. They smell like smoke.

I can honor them by having a conversation with them. Find out how they got to this place.

You are single and your significant other makes a sexual advance towards you.

Leave, and leave now. We can talk about what happened from my car. This keeps both of us from sin, thus honoring God and ourselves.

Your best friend is about to get married right after you broke up with your significant other. You thought that y'all would be single together and married together. But this is not the case.

First check my heart for any resentment. I need to do my best to rid myself



Your child just failed their math test.

I could do two things, 1. let him know that I believe in him and he is better than this grade and give him grace. 2. Talk to him, but give him consequences. The honor is in the conversation that I believe in him.

You and your spouse just got into a heated argument. You were clearly mistreated in the argument.

I honor myself by being honest with how I feel. Honor the relationship by following up with the argument, making the courage to have a conversation about value and honor. I will honor my wife by closely listening to her side of the story.

Your spouse just caught you in the sin of (pick a sin) \_\_\_\_\_. How can you honor yourself? How can you honor them?

Honor is an expression of value. If I confess the sin and repent to God and her it shows I honor them. If I repent it also shows I honor myself. Honesty with your sin and a desire to change expresses value.

Your son just informed you that he got a girl pregnant, and he is still in high school. How can you honor him, the baby mama, and the baby?

Let them all know that I love them no matter what. Of course I can express disappointment, but I want the over-arching feeling to be, I love you no matter what.



## Reflection

Reflect on your previous week and identify areas where you honored or failed to honor someone appropriately.

### Relationships:

Friends

Coworkers

Supervisors

Members of your community

Spouse

Children

Immediate Family

Extended Family

Identify moments over the previous week where you appropriately honored someone. Use the relationship categories above to give you ideas of people you could have honored.

I told Marcus and Terre they did a great job at their jobs

Identify moments over the previous week where you failed to honor someone.

Raynetta. This podcast is a big deal and I should have called and congratulated her.

For the opportunities you missed at honoring people, how would you honor them if you had another chance?

Call her after I saw the announcement



## Anticipation

Anticipate opportunities to honor people in your upcoming week.

### Relationships:

Friends

Coworkers

Supervisors

Members of your community

Spouse

Children

Immediate Family

Extended Family

Identify moments in the upcoming week where you could honor 1-3 people. Use the relationship categories above to give you ideas of people you can honor.

- \* Amyette, her pod cast airs today. I can give her a call
- \* Kadijah, it's her birthday this week

How will you honor the people highlighted above?

- \* See above
- \* Verbally express to her how much she means to me

What obstacles could prevent you from honoring the people you highlighted above?

- \* I'm going to be tired or busy.
- \* I will forget to verbally honor her

How can you overcome these obstacles?

- \* Call on my drive home, before the podcast airs.
- \* Set an alarm on her birthday to call her and tell her what she means to me. Call as soon as the alarm goes off.

